



CareMe

at home

ALL YOUR HEALTH CARE IN A SINGLE CLICK

A man in a blue shirt and glasses is shown in profile, holding a smartphone. The phone screen displays a profile of a doctor in a white coat. In the background, a woman is seated at a table in a dining area. The entire image has a teal-green overlay.

What is Care Me at Home?

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Care Me at Home **is a Tele-medicine platform** that, through the optimisation of resources such as time, costs or distance and facilitating access to new areas of care, **brings numerous benefits to patients and strengthens the bond between patients and medical teams.**

Patients **have the possibility of accessing all information related to their health**, such as: **medications, reminders, individualised recommendations**, as well as **medical reports, analyses, or results, and interact** directly with their medical professionals.





**What the
tool offers?**

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• **Communication**

We provide a direct and secure communication channel between the medical team and patients. Offering the possibility of instant messaging and encrypted and secure video calls. It allows you to be at the right time in the right place.

• **Information**

Enable not only a repository of patient data, but also the personalisation of diets, health advice or health-related news for each patient to enhance patient co-responsibility for their health.

• **Monitoring**

Monitoring through external medical devices, wearables, and personalised data collection forms, analysing all data obtained and applying strategies in terms of alarms and actions. Regardless of the source, it enables proactive medicine through remote monitoring.

• **Adherence**

Adherence through gamification motivates patients not only to improve their consistency in their treatments, but also to achieve healthy habits, establishing a system of challenges and rewards. It enables an improvement in habits and empowers the patient through training and information in a fun way.

• Interoperability

Care me is interoperable with any health information system and can integrate third-party solutions; we are your end-to-end tele-medicine solution.



Medication

Medication monitoring, reminders, alerts to alternative contacts to ensure medication plan.



Messaging

The information between CareMe, healthcare centre and patients is encrypted and securely stored in the cloud.



Agenda

Patients can manage their appointments, make requests, changes and cancellations without having to come to the centre or visit in person.



Monitoring

Users have a section with personalised advice and specific dietary recommendations for their pathologies.



History

All patient data (reports, test results, images, videos) are stored for easy access to the information.



Treatments

The tracking of treatments in the app reduces overcrowding in the healthcare centre and allows for a more comfortable recovery, among other advantages.



What can Care Me
do for you?

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FOR PATIENTS

• **Conditions**

Improve your health management through continuous contact with your medical team. You are not alone.

• **Healthy habits**

Challenge your medical team to improve your habits. Improve your diet and physical activity.

• **Agenda**

Request a virtual or physical visit, or simply change your appointments from your CareMe, anytime, anywhere. Don't waste your time.

• **Virtual doctor visit**

Through our video call or instant messaging system, from the comfort of your home and avoiding unnecessary travelling.

• **Follow-up**

Tele-medicine brings you closer to your healthcare team. Thanks to the data automatically obtained by your wearable, if something goes wrong, your medical team will know before you do. Isn't this the future?



What can Care Me do for you?

FOR DOCTORS

• Video call

Increase patient satisfaction through reliable, secure and direct communication.

• Agenda

Manage your availability anywhere. Improve your time management.

• Messages

Maintain a direct and reliable communication channel with your patients.

• Gamification

Motivate your patients through games to increase their adherence.

• News

Share useful knowledge with your patients.

• Forms

Collect the data you need anytime, anywhere.





Specialised
products

Epico **improves the quality of life of epileptic patients and allows doctors to have a better understanding of their patients and their disorder.** It consists of an application for the user, a doctor's dashboard for patient management and a cloud service for the communication of information with official health systems.

The platform **allows the user to log seizures** and have a record of the duration, type, potential triggers, a description of associated symptoms and can also be integrated with sleep tracking through wearables. When an event is recorded in the app, the doctor receives a notification so that they know the evolution of the patient and can prescribe a better treatment. The app also includes a **chat, agenda, news and resources section** and much more.

BENEFITS



Improves the service offered by the hospital, as it is a tool that gives the patient direct contact with the doctor at any time in a controlled and non-intrusive way for the professional.



Improves patient/doctor communication, as the professional has information about the patient's crises and lifestyle in real time.



Increases patients' awareness of their condition, as medical professionals can inform individual patients more directly about valuable news and resources to improve their life quality.

Benefits on numbers



50%

increase in **patient satisfaction.**



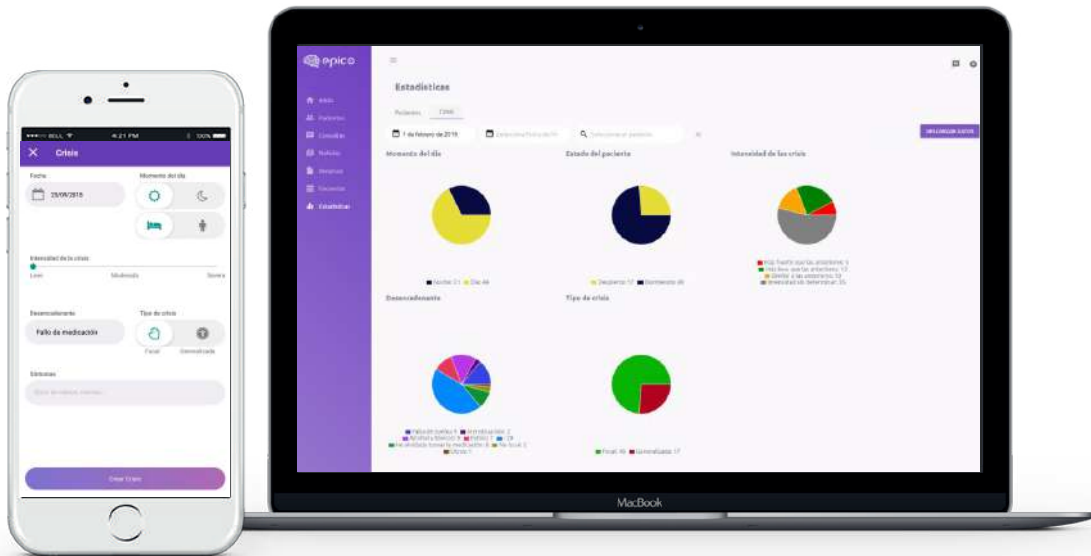
2,5pts.

points of improvement in the **patient's quality of life.**



3,7min.

minutes average **neurologist response time.**



Monitor, inform, communicate.
With Care Me you will never be alone.



www.caremeathome.com